



“Unique Entertainment
for every occasion”

www.eilaluisa.com



Hello there!

My name is Luisa, since I was a kid I've always felt drawn to the exhilarating energy of loud music and the joy it brings through dance and sports. This passion led me to get educated in the world of group fitness classes and entertainment, where I found not only a love for movement but also a desire to uplift others.

My mission is to empower individuals to enhance their physical and mental well-being through the transformative power of movement and fitness.

I am dedicated to providing engaging and inclusive experiences that inspire creativity, foster personal growth, and cultivate a sense of community. By offering dynamic classes, captivating performances, and supportive environments, I strive to help my clients discover joy, confidence and balance in their lives.

Luisa Sánchez

Founder, Eilaluisa FF&P.

Celebrate with Unforgettable Experiences

Make your celebration stand out with my unique event experiences, from hula hoop parties to interactive play zones.

Perfect for birthdays, corporate events, even weddings!
Each offering is designed to bring joy and excitement to your special day.



Party Packages

1 Hula Hoop & Prosecco Party

Perfect for birthdays and hen celebrations, this lively party combines movement, laughter, and a touch of Prosecco! Gather from 5-15 friends (ages 18+) and enjoy a unique hula hoop experience.

2 Latin-Dance Hour

Liven up your event with a dance lesson! Choose from Salsa, Merengue, Cumbia, Reggaeton, Bachata, or a mix to bring energy and rhythm to your celebration.

3 Interactive Playing Zone

Ideal for weddings, corporate events, school fairs, or parties. We create a playful, supervised space with hula hoops, poi, ribbons, and silk fans to keep guests of all ages entertained. Professional guidance provided. (No workshop or show included.)





4

Kids' Party

Make birthdays magical and unforgettable with our different packages:

- PACKAGE 1:
Flow Arts Show & Workshop
- PACKAGE 2:
Get crafty & learn a Skill
- PACKAGE 3:
La Gran Fiesta



STADTFEST STEYR '22

“

“My philosophy is rooted in the belief that movement is not just about exercise, but about self-discovery, expression, and connection to oneself and others.

By embracing movement as a pathway to holistic wellness, we get empowered to thrive and flourish in all aspects of life.”

-EILALUISA FF&P



Testimonials

Imke Sandra



I had such a great time with Luisa during the Hula Hoop course. She has a great energy to her, taught with clarity and made the experience really enjoyable - the time just flew by. I had basically 0 experience beforehand but at the end I was able to do a little routine and will definitely be hooping as hobby now. Really recommend booking a session with her. Thanks Luisa!

Gerhard Frühstück

Luisa's fire show performance at the wedding of Iris & Christoph was simply terrific, our guests were overwhelmed by the performance. Our surprise was a complete success and it was also impressive that the couple's favourite song was also sung live, it totally touched the whole wedding party and the atmosphere was overwhelming! Thank you again from the offer to the evening of the performance, everything was just great

St. Anna Schule Steyr



We felt very good during the session! It was fun and motivating. After the course, the children were enthusiastic about the hula hoop and were exhausted. The duration of the session and the corresponding breaks were very good. Please don't make it any shorter as the children had so much fun. We also particularly enjoyed Luisa's demonstration, which allowed the children to see what could be possible when training with the hoops. We would definitely recommend the course! It's suitable for children and young people aged 6 and over, and both young and old have a lot of fun and learn new things. Thank you very much, Luisa! :)

Packages & Pricing

Special Celebrations for All Budgets – Flexible Rates Available, ask for our budget options!

1	Hula Hoop & Prosecco Party	90 min. (+1 bottle Prosecco)	from: 125 €
2	Latin-Dance Hour	60 min.	80 €
3	Interactive Playing Zone	3 hours	from: 260 €
4	Kids' Birthday Party	From 90 min.	from: 350 €

All prices plus travelling expenses (0.50), board and lodging (over 200 km journey)
all prices are valid until further notice,
all prices without VAT according to small business regulation

Book your experience today
and make your event
unforgettable!



hola@eilaluisa.com

+43 6769450400

www.eilaluisa.com

